



Grow Safe (Private) Limited

Pakistan's Leading Training, Consultancy and Compliance Solutions provider
growsafehse.com



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Press Release

Fire Safety, Preparedness

Grow Safe Trains Hamdard University Medical Students

Grow Safe – a leading provider of Health, Safety, and Environmental (HSE) training and consultancy recently conducted a comprehensive training session for MBBS students at Hamdard University, Hub, Balochistan.

The session aimed to equip future healthcare professionals with critical knowledge and skills in Fire Safety, Emergency Response, and Hospital Evacuation Procedures. Delivered by certified HSE trainers from Grow Safe, the program focused on practical, hospital-specific safety challenges and emergency protocols.

The training covered classification of fires and associated hazards, understanding fire risk and fire load calculation in healthcare settings, identification of workplace fire hazards and vulnerable occupant groups, selection and use of appropriate fire extinguishers for different fire classes, safe and effective use of fire extinguishers using PASS technique, role and responsibilities of medical professionals during fire emergencies, and rescue & evacuation procedures for patients, including persons with disabilities.

The initiative emphasized the role that doctors and other medical staff can play in not only providing clinical care but also ensuring patient safety during unforeseen situations such as hospital fires.

Speaking on the occasion, a representative of Grow Safe said, "Collaborations with universities are a key part of our mission to create a culture of safety in Pakistan. Educating healthcare students on fire safety and emergency response ensures that our hospitals are not only centers of healing but also safe environments for patients and staff."

The HSE services provider commends Hamdard University's Administration – particularly its Director Administration and team members Ms. Rubab Aftab and Mr. Zeeshan Haider – for organizing the training. The commitment to the safety and preparedness of future medical professionals is commendable and forward-thinking.

The training marks another milestone in GSPL's mission to build a safer, more resilient society through education, awareness, and professional engagement with academic institutions.

Thankfully,


Hassan Siddiqui
Manager, Corporate Media



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Together, we can grow safe