



**Grow Safe (Private) Limited**  
Pakistan's Leading Training, Consultancy and  
Compliance Solutions provider  
[growsafehse.com](http://growsafehse.com)



**Ref:** GSPL/PR/26/25/20

**Date:** 26/05/2025

**NTN:** 4662393 | **STRN:** S4662393-2

**GST:** 3277876254888 | **PNTN:** P4662393-2

### **Press Release**

#### **Organizational Safety**

#### **Grow Safe Conducts Fire Safety Training at EFU Assurance**

Grow Safe (Pvt) Ltd. – Pakistan's leading HSE training, consultancy and compliance solutions provider – recently conducted multifaceted fire safety trainings and drills at the EFU Life Assurance head office in Karachi.

These included Fire Safety Training, Fire Marshals Training, Fire Extinguishers Live Demo, and Emergency Evacuation Drill.

The EFU teams – especially designated fire marshals – received the training with regard to emergency situations. GSPL consultants assessed the fire load at every floor and answered the queries, besides crafting fire models. They lay special emphasis on emergency evacuations, to be carried out within a 3-minute span.

The trainings were completed keeping in view the 18-storey high-rise, so as to design and recommend practical steps.

Grow Safe is honored to assist EFU in achieving the highest compliance standards, in light of the fact that the organization itself ensures HSE and fire safety standards of thousands of companies, prior to providing them insurance.

EFU is one of Pakistan's oldest and pioneering companies catering to its enormous clientele. It has its own functional, robust fire safety system, leading the way for others to achieve the same.

GSPL admires the visionary leadership at EFU Life Assurance, including CEO Mr. Mohammad Ali Ahmed, Director Finance/CFO Mr. Syed Shahid Abbas, AGM Admin Mr. Zia-Ur-Rehman, and Chief Engineer (Sr. Manager) Engr. Asif Akhtar for their unwavering commitment to safety and organizational excellence.

The HSE solutions provider believes that the step will be fundamental in driving EFU toward unparalleled heights.

Thankfully,

**Hassan Siddiqui**  
Manager, Corporate Media



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*Together, we can grow safe*