

# **Our Compliances**































### **Our Partners**

























PAKISTAN BUSINESS FORUM Profit-Here & Here-After نفع دونوں جہانوں کا







### Our Vision & Mission



GSPL's vision is to foster a safe, healthy, and environmentally friendly culture across all industries, regardless of scope or location. By integrating safety and sustainability into routine operations, GSPL aims to create synergy and promote long-term business success.





GSPL raises HSE awareness by emphasizing the moral, legal, and financial responsibilities of all stakeholders. It reduces accident-related costs, supports business continuity, and enhances productivity. Through training and advanced tools, GSPL helps professionals identify hazards and integrates HSE into business planning to protect lives, assets, and ensure long-term success.













**TEXTILES, POLYMER, LEATHER** 





































S

\_





























































growsafehse.com/all-clients-clients

### **OUR CLIENTS**

















**ORGANIZATION** 













































































































**International Printing Inks** & Chemicals (Pvt) Limited





### **TESTIMONIAL**

Feedback from **Industry Experts** 



Unilever Pakistan engaged Grow Safe Pvt Ltd for MHE validation and inspection Their team's expertise. services. professionalism, and hands-on experience were exceptional. We are highly satisfied with GSPL's services in validation. inspections, and training, and look forward to a long-term partnership.

**Regional Logistics Safety Lead Unilever South (Karachi)** 



We enlisted GSPL for Fire Safety Management training for our Senior Management and on International Firefighters Day. Their expertise and tailored approach made the training highly effective. We highly recommend Grow Safe Pvt Ltd to textile companies.

I commend you for the outstanding NFPA

DGM (Fire & Safety) Artistic Milliner's Pvt. Ltd.

Sr. Manager EHS,

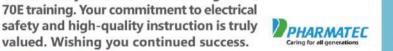
Pharmatec



Grow Safe Pvt Ltd's "Hazard Identification and Risk Assessment" training for Al-Karam Textile Mills was a success, focusing on ISO 45001:2018 and helping participants effectively identify hazards and assess risks.

**Group HSE Manager** Al- Karam Textile Mills (Pvt) Limited

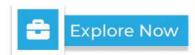




It was a great learning session and the way Grow Safe conducted this, is highly commendable. Great Job indeed!

Manager EHS **FMC Corporation (USA)** 





growsafehse.com/testimonials/

### **TESTIMONIAL**

Feedback from Industry Experts



The material handling training by Grow Safe's experienced and professional trainers was highly effective. Our lab and warehousing staff learned essential safety techniques for their daily tasks. We are satisfied with the training and look forward to future collaborations.

We used Grow Safe Pvt Ltd for First

Aid, CPR, BLS, AED, and Emergency

Rescue training. The excellent delivery,

demonstrations, and equipment received

positive feedback. We highly recommend

Grow Safe for HSE services.

**Continental Biscuits Limited** 

**Junior Manager HSE** 

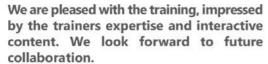


DM HR, Admin & SHE Stahl Pakistan (Pvt.) Ltd.

Grow Safe Pvt Ltd delivered tailored HSE training on Process Safety Management (PSM), with expert consultants simplifying complex concepts through real-world examples and interactive discussions. Positive employee feedback underscores the training's effectiveness.



Division Head HSE, G&T Group of Companies



Human Resource Department Attock Cement Pakistan Limited



It was a great learning session and the way Grow Safe conducted this, is highly commendable. Great Job indeed!

Manager EHS FMC Corporation (USA)





growsafehse.com/testimonials/

### **OUR SERVICES**

Building Safe Pathways to Growth



HSE CONSULTING HSE TRAININGS





HSE SUPPLIES HSE PROJECTS



### **OUR SERVICES**

Building Safe Pathways to Growth









MANPOWER SUPPLY





# **HSE CONSULTING**









MSE Audits & Inspections

HSE Legal Advisory

Hazards Identification

Risk Assessment

HSE Annual Training Plan

HSE Performance Measurement

3rd Party Accident Investigations

Organization's HSE Assessment & Strategic Planning

₩ HSE Cost - Benefit Analysis

**MSE Legal Register** 

HSE Policy & Procedures Development



# **HSE CONSULTING**





- Quality Management Training
- Auditing Techniques
- Gap Assessment
- Leading Healthcare Quality & Safety Course
- Continuous Improvement Tools & Techniques
- ISO Management System & Documentation
- \* HSE Technical & Legal Testing
- Monitoring & Calibration Services
- **⋈** Energy Conservation Survey & Audit
- Fire Hydrant System Installation & Inspection
- **⊗** Fire Alarm System Installation & Inspection
- Fire Hydrant & Fire Alarm System Annual Maintenance



## **HSE TRAININGS**





**IOSH Managing Safely** 

Permit - to- Work System

Hazards Identification & Risk Assessment

Control of Hazardous Energy - Lockout Tagout

Accidents Investigation & Root Cause Analysis

Human Factors & Ergonomics

**Process Safety Management** 

**Internal Auditing** 



## **HSE TRAININGS**





Advance Fire Safety—NFPA 01

Cranes and Lifting Operations Safety

NFPA 70E — Electrical Safety Standard

First Aid & Emergency Response

Confined Space (29 CFR 1910.146)

Food Safety & HACCP

**Work at Height Safety** 

GHS — COSHH — Chemicals Safety

Scaffolding Safety (29 CFR 1910.28 and 29 CFR 1926.452) MHE Safety Training Forklift Safety Training

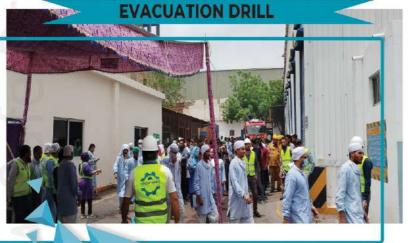


### "An investment in knowledge pays the best interest."

#### Benjamin Franklin















### **HSE PROJECTS**







#### **Technical Surveys & Assessments**

Clamp Meter & Thermography

Fire Load Calculation

Megger Testing

Legal Register Development Electrical Safety Survey (NFPA 70E) Fire Safety Survey (BCP FSP 2016)

Smoke Detectors Inspection Arc Flash Study MHEs Inspection & Validation

Risk Register Development Lifts Inspection & Load Testing Warehouse Racking Systems Inspection



### **HSE PROJECTS**







#### **Environmental, Safety & Health Risk**

Energy Conservation Survey

Noise Level Survey

Lux Level Survey

Occupational Health Assessment COSHH Assessment Chemicals Compatibility Charts Development

Workplace Ergonomic Survey **General Premises HSE Gap Analysis** 

Occupational Hazards Factor Analysis

HAZOP Study LOTOTO Assessment Hydrants & Fire Suppression Systems Inspection



"Projects are only impossible if you don't take the first step."

#### Chris Sacca















- Hard Hats and Chin Straps
- Race Masks
- 😑 Full Body Harness & Lanyard
- Respirators and Filter Cartridges
- Safety Shoes and Long Shoes
- Ear Mufflers & Ear Plugs
- Flash Protection Suites & Arc rated PPEs
- Full Body Coveralls
- Sterile Area PPEs (Food & Pharma Grade)
- All types of Hand Protection PPEs
- Goggles and Face Shields.
- All types of Breathing Apparatus and Respirators
- Ear Mufflers & Ear Plugs of suitable attenuation values



- Fire Extinguishers & Fire Trolleys
- Manual Call Points
- 😑 Fire Exit Key Box with a hammer
- Fire Blankets
- Fire Sprinklers
- Fire (Smoke & Heat) Detectors
- Fire Suppression Systems (FM 200 & Novec 1230)
- (Customized Designs)
- Fire Ball with wall mounting stand
- Fire Alarm Panels
- Fire knock off systems
- 🖒 Fire Extinguishers Refilling
- Fire Extinguishers Hydrostatic Testing
- Annual Maintenance & Inspection Contract



- First Aid Box
- Emergency Blankets (Electric Shocks Treatment)
- Roller Gauze
- 4 x 4 Gauze Pads
- CPR Kit
- Snake Bite Kits
- CPR Manikin & AED
- Spine Boards
- Folding / Collapsible Stretchers
- Complete range of First Aid Items
- Oxygen Cylinders with Flow Meters
- Finger Pulse Oximeter
- Ø Digital B.P Apparatus
- Fracture & Dislocation Braces & Splints



- Noise/Decibel Meters
- LEL Meters (Lower Explosive Limit)
- Level Sensors/Meters
- Gas Detectors
- Hygrometers
- IR/LASER Temperature Guns
- Particulate Counters
- TDS Meter
- Conductometer / Potentiometer
- Clamp Meter and Multimeters



- Lockout/Tagout Devices (LOTO)
- Thermal Imaging Devices
- Eye Wash Station
- Spill Kits
- Megger Device
- Car Safety Kits
- Home Safety Kits
- Full Body Safety Shower
- Correct Spelling (Megger Device)
- Emergency Beam Lights
- Safety Signages





### **HR & OD CONSULTING**



Talent Acquisition & Staffing



Compensation & Benefits



Employee Engagement & Retention



Performance Management





Learning & Development (L&D)



HR Compliance & Legal Support



HR Outsourcing (HRO)



**HR Audits** 



Strategic HR & Organizational Effectiveness



Organizational
Design
& Restructuring



Team
Effectiveness
& Collaboration



Change Management



Workforce Optimization & Agility



Diversity, Equity, & Incl<u>usion (DEI)</u>







#### Skilled, Semi Skilled, Unskilled and Labour



Grow Safe (Pvt.) Ltd. offers comprehensive Manpower Services, leveraging our expertise in occupational safety, health training, consultancy, and supplies. We provide skilled and reliable workforce solutions to meet the diverse needs of our clients, ensuring high standards of safety and productivity. Our services support safe, efficient, and sustainable work environments across various sectors, helping you achieve operational goals with confidence and peace of mind.

### WHY GROW SAFE?



#### **PROVEN EXPERTISE**

Our training programs are lauded for their comprehensive, hands-on approach, delivered by seasoned professionals.



#### STATE-OF-THE-ART TRAINING

We use advanced equipment and realistic simulations to create practical and immersive learning environments.



#### **MEASURABLE IMPACT**

Our training enhances staff competency and safety awareness, benefiting clients like Unilever Pakistan Limited and Attock Cement Pakistan Limited.



#### **COMMITMENT TO EXCELLENCE**

Our dedication to high-quality instruction and safety awareness ensures we remain at the forefront of HSE standards.

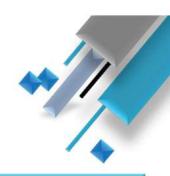


Choose GSPL for your health, safety, and environment training needs, HR consulting services, and skilled and unskilled manpower solutions. Benefit from our proven track record and cutting-edge methods.

Contact Our Team

# Speak With Us







+92 21 3524 GSPL (4775) +92 321 318 86 05



www.growsafehse.com



**Head Office:** 

12-C, 1st Floor, Suite # 01, Stadium Lane 4 Dalton Commercial Area, Khayaban e-Shamsheer, DHA Phase 5 Karachi, 75500 Sindh, Pakistan



info@growsafehse.com







### **GROW SAFE PRIVATE LIMITED**

PAKISTAN'S LEADING TRAINING, CONSULTANCY AND COMPLIANCE SOLUTIONS PROVIDER

